Save the date: Vortrag am Welttag für Seelische Gesundheit
10. Oktober 2023 I 12:00 – 13:00 Uhr I via Zoom

Dr. Jennifer Dykxhoorn: Developing a conceptual framework for public mental health

Dr. Jennifer Dykxhoorn
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Dr. Jennifer Dykxhoorn is a psychiatric epidemiologist and public mental health expert, currently working as a Senior Research Fellow at University College London (UCL). Dr. Dykxhoorn has an MSc and PhD in psychiatric epidemiology and was the programme manager of the NIHR-funded Public Mental Health Programme. She currently holds a prestigious NIHR Advanced Fellowship to continue her research in the social and spatial determinants of mental illness in socially excluded populations. More information can be found at https://www.mentalhealthepi.com/.

Abstract
Public mental health, broadly defined, is the science and art of promoting mental health and preventing mental illness, and supporting those with mental health problems. Over the past decades, research has identified numerous factors which influence mental health, but we have been lacking a comprehensive conceptual framework.

We set out to identify and develop a conceptual framework for public mental health, which brought together knowledge from the academic literature, policy documents, and stakeholder consultations. We identified 55 determinants of public mental health across four domains: individual, family, community, and structural, which we summarized on an interactive website: www.publicmentalhealth.com.

The conceptual framework summarizes our current state of knowledge on the determinants of public mental health. Importantly, it brings together academic literature, practitioner perspectives, and public views into a meaningful framework. This framework can shape our understanding of the causes of mental health in the population and provide conceptual grounding for research and practice.

Über Zoom teilnehmen:
Dienstag, 10. Oktober 2023, 12 – 13 Uhr
Link: https://zi-mannheim-de.zoom.us/j/94987704383?pwd=TForWHdORjdGVWNpRnpmTkN3emFWQT09
Meeting ID: 949 8770 4383 I Zugangscode: 755090
Einwahl per Telefon: +49 69 3807 9884

Wir freuen uns auf einen anregenden Vortrag und ein großes Publikum! Ihr Organisationsteam
Prof. Dr. Ulrich Reininghaus, Mannheim, Prof. Dr. med. Steffi Riedel-Heller, Leipzig Prof. Dr. Georg Schomerus, Leipzig